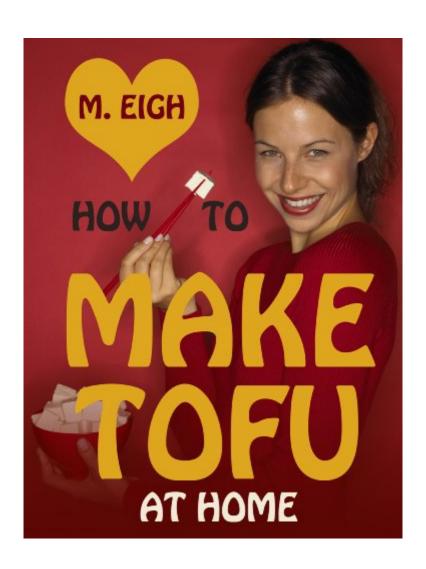
## The book was found

# **How To Make Tofu At Home**





### Synopsis

How to Make Your Own Tofu at HomeThis book takes you, step by step and with verbose instructions as well as excellent photographs, through the process of making tofu at home, using common household cookware and generally available ingredients.

#### **Book Information**

File Size: 1240 KB

Print Length: 49 pages

Simultaneous Device Usage: Unlimited

Publisher: Red Lantern Press (December 5, 2013)

Publication Date: December 5, 2013

Sold by:Â Digital Services LLC

Language: English

**ASIN: B00H6U0X68** 

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,056,532 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #261 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Wheat Free #454 in Books > Cookbooks, Food & Wine > Special Diet > Wheat Free #721 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegetarian

#### Customer Reviews

Do you know the history of tofu? Do you wonder how it was originally made? Do you even know what OKARA is? This wonderful informative book will let you know. Then, once you understand the basics, it will give you the instructions (easy actually) for making this at home - instructions in fact for Tofu, the byproduct Okara, and Soy Milk. You no longer need to buy prepared tofu (and whatever is in it) you can make your own, starting with the dried beans. After reading through this book I actually am planning to put in a plot of soybeans in my garden next year so that I can make it myself. Very informative - and very practical instructions!

Seems to be the healthiest of the two although I am sure that they both have benefits. I also thought

that the instructions on how to make was just a bit confusing. Probably need to read again and this time just a bit more slowly. Also index cards may help.

The book is quite interesting, the recipes easy to understand, and it is a way of knowing what is in what you are eating.

#### Download to continue reading...

How to Make Tofu at Home Banh Mi: 75 Banh Mi Recipes for Authentic and Delicious Vietnamese Sandwiches Including Lemongrass Tofu, Soy Ginger Quail, Sugarcane Shrimp Cake, and Honey-Glazed Beef Feng Shui: Wellness and Peace- Interior Design, Home Decorating and Home Design (peace, home design, feng shui, home, design, home decor, prosperity) Home Security: Top 10 Home Security Strategies to Protect Your House and Family Against Criminals and Break-ins (home security monitor, home security system div, secure home network) Soap Making: Essential Guide For Absolute Beginners. 20 Homemade Organic Recipes: (How To Make Soap At Home) (Aromatherapy, How To Make Soap, How To Make Homemade Soap) Dropshipping: How To Make Money Online Fast From Home With A Dropshipping Business (FBA, Ebay, Shoptify, Private Label, Passive Income, Retail Arbitrage, Make money from home, Online business) Home Based Business Escape Plan: How To Make \$10,000 Per Month With Your Own Part-Time, Online Lifestyle Business: Home Based Business Ideas (Home Based Business Opportunities) Gardening: Air-Cleaning House Plants to Purify Your Home - DIY Home, Home Gardening & Indoor Gardening (Healthy Home, Gardening for Beginners, Container ... Hacks, Healthier You, Outdoor Gardening) The Best of Make: (Make 75 Projects from the pages of MAKE) Making a Modern Tactical Folder: Tips on How to Make a Folding Knife: Learn how to make a folding knife with Allen Elishewitz. Knife making tips, supplies ... how to make custom tactical folding knives. Sex: Make Him Scream: Make Your Man Scream In Bed, Simple Techniques To Make Him Love You Now And For Better Relationships How to Start a Blog that People Will Read: How to create a website, write about a topic you love, develop a loyal readership, and make six figures doing it. (THE MAKE MONEY FROM HOME LIONS CLUB) A Beginner's Guide to Great BEER BREWING: How To Make Amazing Home Brewed European Style Beer Step-By-Step Instructions (Beer, Beer Making, Beer Tasting, Beer Brewing, How To Make Beer) Taste of Home Make It Freeze It: 295 Make-Ahead Meals that Save Time & Money Echo: 2016 User Guide to Make Your Home Life Easier, Stress-Free, and Hands-Free with Alexa! ( Echo Dot Home Automation) Interior Design: How To Make Your Home Look Amazing - The Complete Beginners Guide To Decorating Your Home On A Budget! (Feng Shui, Interior Design Handbook) Essential Guide to Samsung SmartThings Smart

Home Automation System: A Practical Guide to on How to Use SmartThings Home Automation in Your Everyday Life. ... Home Automation Essential Guides Book 6) Apple's Homekit Smart Home Automation System Handbook: Discover How to Build Your Own Smart Home Using Apple's New HomeKit System (Smart Home Automation Essential Guides Book 7) Build a Survival Safe Home: Over 40 Helpful Tips on How to Construct a Protected Shelter and Defend Yourself and your Family from Natural Catastrophes ... a Survival Safe Home Books, survival home) Sacred Marriage Participant's Guide: What If God Designed Marriage to Make Us Holy More Than to Make Us Happy?

<u>Dmca</u>